

Essex

Training Calendar 2026 – 2027

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Induction and Essential Skills

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Creative Support Induction	Virtual Classroom	09:30-11:30	Runs every day Monday-Friday (Excluding Bank Holidays)											
Anti-Racism	Virtual Classroom	13:00-15:00	1, 8, 14, 23, 27	5, 11, 19, 29	5, 12, 15, 25	1, 10, 15, 22, 30	4, 10, 21, 26	2, 9, 15, 23, 28	9, 14, 19, 27	5, 9, 17, 24	2, 10, 16, 21, 29	7, 14, 19, 27	2, 10, 16, 22	1, 12, 18, 22
Code of Conduct & Professional Boundaries	Virtual Classroom	13:00-16:00	28		25		19	16		26		29		24
Confidence, Assertiveness and Resilience	Virtual Classroom	13:00-15:30				8			13			5		16
Data Protection and Information Governance	e-Learning	N/A	Available as e-learning on Learning Pool											
Effective Key Working, Daily Care Notes and Support Planning	Virtual Classroom	13:00-16:00	28	12	10	16	13	1, 10, 21	14, 28	2, 18	18	11	24	17
First Aid & Basic Life Support	Classroom	09:30-12:30	22			14			8			6		
		13:00-16:00												
	Virtual Classroom	09:30-12:30	10, 17, 24	1, 8, 15, 29	5, 12, 19, 26	3, 10, 17, 24, 31	7, 14, 21, 28	4, 18, 25	2, 16, 23	6, 13, 27	4, 11	18, 15, 22, 29	5, 12, 26	5, 12, 19
		13:00-16:00	17	1, 15, 22	5, 19	10	7	4	16, 30	13	11	8, 22	5, 26	5, 19

Induction and Essential Skills (cont.)

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Food Safety	Virtual Classroom	13:00-14:30		29				18			11			19
Food Safety (Level 2) *CPD Accredited	Classroom	09:30-16:30	Available on request											
Fraud and Financial Abuse Awareness	Virtual Classroom	10:00-12:00	17, 24	8, 22	1, 5, 19	8, 24	3, 12, 21, 26	18, 23, 30	6, 23	4, 20	3, 18	11, 22	4, 19	8, 19
		14:00-16:00					21	30	6, 23	4, 20	3			
Infection Control	Virtual Classroom	13:00-16:00		13, 26	8, 22	6, 22	18, 24	29		9	7	19		3, 9
Medication Administration	Classroom	09:30-16:30			9			2			2			3
Moving & Positioning	In Service	N/A	Available on request											
Mental Capacity, Deprivation of Liberty and Human Rights in Care	Virtual Classroom	13:00-16:00		5, 27	16, 24	7, 22, 28	5, 11, 17	11, 28		6	3	18		2, 16
Nutrition & Hydration	Virtual Classroom	09:30-12:30		13, 26	8, 22	6, 22	18, 24	29		9	7	19		3, 9

Induction and Essential Skills (cont.)

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Oliver McGowan Tier 1	e-Learning	N/A	Available as e-learning on Learning Pool											
Oliver McGowan Tier 2	Classroom	Full Day	TBC											
Person Centred Practice	Virtual Classroom	09:30-12:30		5, 27	16, 24	7, 22	5, 17	11, 28		6	3	18		2, 16
Safeguarding Adults and Children & Mental Capacity Act (MCA) & Deprivation of Liberty Safeguards (DoLS)	Classroom	09:30-16:30			17			10			8			11

Specialist Skills

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Diabetes Management & Glucose Monitoring	Virtual Classroom	10:00-14:00	8	19	24	22		15, 30	14, 27	19	23	20	17	22
Emergency Administration of Auto Injectors for Anaphylactic Shock	Virtual Classroom	1 hour	Available on request											
Epilepsy Management	Virtual Classroom	09:30-12:30	13, 29	13, 28	9, 30	13, 30	13, 26	7, 29	13, 29	10, 30	17, 30	14, 27	18	10, 25
Safe Removal of Ligatures	Classroom	13:30-16:00	22			14			8			6		

Clinical Skills

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Administering Rescue Medication: Buccal Midazolam	Virtual Classroom	13:00-16:00	13, 29	13, 28	9, 30	13, 30	13, 26	7, 29	13, 29	10, 30	17, 30	14, 27	18	10, 25
Catheter Care	Virtual Classroom	09:30-11:30		13	29		12	15	19		21		15	25
Dysphagia & Swallowing Support	Virtual Classroom	09:30-11:30	8	14	10	16	12	29	28	25	31	20	24	17
Prevention and Management of Falls	Virtual Classroom	13:00-15:00	8	14	10	16	12	15, 29	28	25	31	20	24	17
Nutrition & Hydration	Virtual Classroom	09:30-12:30		13, 26	8, 22	6, 22	18, 24	29		9	7	19		3, 9
Managing Incontinence, Constipation and Faecal Impaction	Virtual Classroom	13:00-15:00	15, 24	15, 26	17, 19	9, 20	3, 27	11, 24	12, 27	4, 23	7, 31	15, 28	8, 22	15, 31
Oral Health – including Mucosa and Dentures	Virtual Classroom	13:00-15:00		7		15		23		19		6		24
An Introduction to Percutaneous Endoscopic Gastrostomy Care	Virtual Classroom	09:30-11:30		7		15		23		19		6		24
Pressure Area Care and Maintaining Healthy Skin	Virtual Classroom	09:30-11:30	23	15	26	17		11	23	27	17	15		12
Stoma Care	Virtual Classroom	09:30-11:30	15	26	17	9	27	24	27	23	31	28	22	31
Stroke – Cerebrovascular Accident (CVA) & Transient Ischaemic Attack (TIA)	Virtual Classroom	13:00-15:00		13	29		12		19		21		15	25

Mental Health

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Affective Disorders	Virtual Classroom	13:00-15:30	7		23			16	14	12	15		18	
Basic Principles of De-Escalation	Virtual Classroom	09:30-12:00		1	19	10		25	30	27		8	24	19
Hoarding Disorder	Virtual Classroom	09:30-12:00		12			24			20				17
Mental Health First Aid	Classroom (2 Days)	Full Day	Available on request											
Monitoring the Side Effects of Clozapine	Virtual Classroom	10:00-11:00		26		21		15	14	10	9	21		
Obsessive Compulsive Disorder (OCD)	Virtual Classroom	13:00-15:30		12			24			20				17
Schizophrenia and Psychosis: Trauma Informed Care	Virtual Classroom	09:30-12:00		11			18	7	7	18			17	18
Self-Harm & Suicide	Virtual Classroom	13:00-15:30	7	18	16	24	18	7, 30	7, 20	12	23	21	9	2
Supporting People with a Personality Disorder	Virtual Classroom	13:00-15:30		11			18			18			17	18
Trauma Informed Care and Physically Informed Environments	Virtual Classroom	09:30-12:30		28	11	20	19	17	13	26		7, 20	17	
Working with Substance Misuse	Virtual Classroom	09:30-12:00	7		23			16	14	12	15		18	

Management Training

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Anti-Racism for Senior Staff	Virtual Classroom	13:00-15:00	30	27	24	23	28	22	29	27	14	26	23	24
Control and Administration of Medication (Level 3)	e-Learning	N/A	Level 3 Control and Administration of Medication is mandatory for Senior Support Workers The course is also recommended for all staff below senior level to support their continuous professional development This course is available as e-learning via Learning Pool											
EDHR & Culturally Appropriate Care & Support for Managers	Virtual Classroom	13:00-15:00			2			23				27		
Emotionally Unstable Personality Disorder: Supporting Staff	Virtual Classroom	13:00-16:00			9			15				20		
Medication Observation for Senior Staff	Virtual Classroom	10:00 – 15:00	13	19	24	9		3	28	23	22	19	16	3
Medicines Management Train the Trainer (Level 3)	e-Learning	N/A	Level 3 Medicines Management Train the Trainer is for Support Coordinators & above This course is available as e-learning via Learning Pool											
Safeguarding Adults (Level 3)	e-Learning	N/A	Available as e-learning via Learning Pool											

Management Development Pathway

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Course Title	Classroom / Virtual Classroom	Time	Apr 2026	May 2026	Jun 2026	July 2026	Aug 2026	Sep 2026	Oct 2026	Nov 2026	Dec 2026	Jan 2027	Feb 2027	Mar 2027
Introductory Modules for Managers	e-Learning	N/A	Available as e-learning through Skills for Care via Learning Pool											
Creative Leaders	Classroom (2 Days)	Full Day	Available on request											
Leading Your Service Good to Outstanding	Classroom (2 days)	Full Day	Available on request											

Creative Academy e-Learning Suite (Enrol online today on Learning Pool)	
Acquired Brain Injury	Introduction to Epilepsy
Basic Life Support	Legionella Awareness
Client Finance	LGBTQ+ Awareness
Cyber Security Awareness	Living Well with Dementia
Data Protection and Information Governance	Medication Administration
Dysphagia & Swallowing Support	Mental Capacity Act (MCA) & Deprivation of Liberty Safeguards (DoLS)
Dyspraxia Awareness	Moving and Handling of Objects
Effective Rota Planning	Neurodiversity in the Workplace
Electrical Safety	Nutrition & Hydration
Equality, Diversity and Human Rights	Oral Health (including mucosa and dentures)
Equals Cards	Oliver McGowan Mandatory Training on Autism & Learning Disability (Tier 1)
Fire Safety Awareness	Positive Behaviour Support
Food Safety	Pressure Area Care and Maintaining Healthy Skin
Halal Food Awareness	Safeguarding Adults and Children
Health Action Planning	Supporting People with a Learning Disability
Health & Safety Awareness	Understanding Autism
Human Rights	Understanding Mental Health
Infection Control	Working With Older People and Dementia Awareness
Introduction to Diabetes	Writing Daily Care Notes

Course Information

For more information about all of the available courses that we deliver, please see our:

[Course Information Booklet](#)

How to Apply

You can access e-Learning and enrol yourself onto webinar and classroom training directly through your Creative Academy learning platform. To access this, please [click here](#).

Alternatively, you can enrol yourself or an individual onto one of the scheduled webinar or classroom dates by submitting an [Individual Application Form](#).

To enrol a group of staff onto one of the scheduled dates, please submit a [Group Application Form](#).

For any extra training requests, please submit a [Senior Manager Extra Training Request Form](#).